

Ref. No. MSRUAS/COM/007/2023

Date:22.06.2023

## **NOTIFICATION**

### **COUNSELLING & WELL-BEING CELL**

With an objective to address and help resolve emotional and psychological issues of the student community of RUAS, the University has initiated the “RUAS Counselling & Well-being Cell” with the help of a team of faculty members as Counselors. Through counselling sessions, the major aim is to help students become self-aware and reach their highest potential while dealing with anxiety and stress.

The Student Counselling Cell comprises of the following members:

Sl. No	Name	Designation	Role
1	Dr. Anitha D S	Professor-School of Social Sciences	Chairperson
2	Ms. Priya Arjun	Assistant Director – Student Affairs	Coordinator
3	Dr. Lavanya R	Associate Professor, FDS	Member
4	Dr. Judy Jays	Associate Professor, FPH	Member
5	Mr. V. Nagendra	Associate Professor, FMC	Member
6	Dr. Tushar Shaw	Assistant Professor & Head FLAHS	Member
7	Dr. Jayahar Sivasubramanian	Assistant Professor FET	Member
8	Dr. Sheetal Batakurki	Assistant Professor FMPS	Member
9	Ms. Nagaveni K	Assistant Professor FAD)	Member
10	Dr. S D Anitha Kumari	Professor FET	Member
11	Mr. N Sreekanth	Assistant Professor FHMCT	Member
12	Ms. Farhat Begum	Trainer, DTSLD	Member Secretary

#### **Internal expert:**

- Dr. Aruna L, Associate Prof.- School of Law – Legal Advisor

#### **External experts:**

- Dr. Aditi Arun Roa, Faculty, Ramaiah Arts & Science College – Mental Health Counsellor
- Mr. Patrick Vaz, Managing Trustee, Arpita Foundation, Mental Health Expert

#### **Mechanism to reach for counselling (for information to students):**



**RAMAIAH  
UNIVERSITY**  
OF APPLIED SCIENCES

University House  
New BEL Road  
MSR Nagar  
Bangalore-560 054

T 080 4536 6666  
F 080 4536 6677  
E [info@msruas.ac.in](mailto:info@msruas.ac.in)  
W [www.msruas.ac.in](http://www.msruas.ac.in)  
[www.ramaiah-india.org](http://www.ramaiah-india.org)

- Student Counselling Centre will be functioning on every Tuesday (GG Campus) and every Friday (RT Campus) between 3-00 to 5-00 PM
- A prior appointment can be set with the counsellors by email communication ([ruas.ssc@msruas.ac.in](mailto:ruas.ssc@msruas.ac.in))
- In case of emergencies, students can contact the faculty counsellors. If he/she is unable to contact, students may contact respective HoDs/Dean for the assistance.

The tenure of the Committee is up to 31<sup>st</sup> May 2025.

**For M.S. Ramaiah University of Applied Sciences**

**Dr. G S Venkatesh**  
Registrar

